



# Knox Old Boys

## Annual Thistle Lunch 2025

**When:** Friday, 30 May 2025, from 12:30pm

**Venue:** Doltone House Hyde Park

**What:** 2-course meal and drinks

**Keynote:** Two-Time Guinness World Record Holder and Explorer, James Castrission (OKG00)

**MC:** Hamish Bayliss (OKG97)



**Tickets** General: \$155  
OKG75 or earlier: \$135  
2020-2024 leavers: \$100

**RSVP:** Thursday, 15 May 2025

**Enquiries:** P: OKGA Office on 02 9487 0419 | E: [okga@knox.nsw.edu.au](mailto:okga@knox.nsw.edu.au)

*In support of the Old Boys for Old Boys Program*

**RSVP and Pay Online:** <https://okga.org.au/tl25>  
Visa, MasterCard, American Express and bank transfer accepted.  
or contact the OKGA Office as above



James Castrission is a famous Australian Explorer constantly pushing the boundaries of human endurance.

Most recently, on the 26th January 2012, he made history by completing the longest unsupported polar expedition of all time, alongside his best mate, Jonesy. In 100 years of polar exploration no-one had EVER walked from the edge of Antarctica to the South Pole and back without assistance. Many had tried, none had succeeded. After 89 gruelling days they made it back to the coast after having skied 2275km with everything they needed to survive in the harshest environment on Earth.

Four years earlier they Crossed the Ditch - paddling 3318km without assistance across the Tasman Sea for another world first. They braved 10 metre swells, howling winds, endured severe food and sleep deprivation and adverse winds and currents. They became the first kayakers to cross the Tasman Sea as well as becoming the longest transoceanic double kayak expedition. Staggering upon the shores of New Zealand, the adventurers were sunburnt, bearded, underweight, and physically and mentally wasted...but most of all happy to be alive.

In 2013, he founded MyAdventure Group - business committed to providing Australia's premier corporate Adventure-based development programs. Harnessing lessons learnt from the most hostile environments on earth, his corporate programs are designed to develop teams and drive competitive advantage in organisations.

He holds 2 Guinness World Records for his accomplishments and is highly regarded as one of Australia's premier public speakers. He has written 2 bestselling books: Crossing the Ditch and Extreme South.



explore your potential.